



HE WILL DO IT AGAIN

“The LORD,” David added, “who rescued me from the power of both lions and bears, will rescue me from the power of this Philistine.”– 1 Samuel 17:37

DAVID AND GOLIATH

READ 1 SAMUEL 17:32-51A

When you learn to ride a bike or swim for the first time, it can be so scary! But practice helps and it gets easier the more you do it, right? When you can look back and remember that you’ve done this before and things turned out okay, you can challenge your fear. When you remember that things went well, it gives you confidence to try again.

David was just a young boy, but even as a kid God had been protecting David and preparing him to rule as king.

As a young shepherd in the field, David had to go to extreme measures to protect his flock. When lions or bears came to attack the sheep, David used the strength God gave him to protect the sheep and fight them off. By remembering this, David had the confidence to face the Philistine army and take down the giant, Goliath.

The best way to experience this kind of peace and confidence like David had is to reflect back on the ways God has already provided for us, protected us, and loved us. When you face a challenge like David, think back to the ways God has gotten you through challenges in the past. He is always looking out for you, so you can be confident in His plan for your life!

QUESTIONS TO THINK ABOUT

1. What is a challenge you faced recently?
2. How did God provide for you, protect you, or show His love for you during this challenge?
3. How will you remember this in the future?